



# Aquatics

## LiveHealthy Swim Club

**October - Memorial Day**

**Mondays: 12 - 1 pm**

**Wednesdays: 7:15 – 8:15 pm**

**Fridays: 6 – 7 am**

The LiveHealthy Swim Club is for swimmers over age 18 and offers a great opportunity to swim with a group in a coached environment from October to Memorial Day. Competing in Masters Swim Meets is an option for those who are interested – registration with USMS would be necessary to compete.

Our Head Coach Robert Haag has over 30 years of coaching experience at a variety of colleges, high schools and summer teams. He offers tough workouts that are encouraging yet challenging to help club swimmers improve their technique and endurance while getting an outstanding workout in the LiveHealthy lap pool. The backup coaching staff includes Chuck Wirtz and Michelle Haag.

Club dues are **\$30 annually**. Dues are renewed annually in the fall.

### Registration form for: LiveHealthy Swim Club

Please fill out and return the form with payment to the front desk.

Name: \_\_\_\_\_ Date of registration: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Staff Only:** Method of Payment (circle): Cash    CC    Check# \_\_\_\_\_ **POS 2000**



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